



# ROYAL Belize ADVENTURE BOOK

## Welcome!

Thank you for choosing  
Royal Belize, a Muy'Ono Resort.

We provide the following equipment complimentary to Royal guests. Snorkel around Royal Belize and catch glimpses of rays, starfish, moray eel and many fish species. Explore the surrounding waters with the kayaks and paddle boards.

- Paddle Boards
- Snorkeling Gear
- Kayaks
- Hobie Cat (Sailing)



# ISLAND ADVENTURES

## ISLAND CRAWL

Take a floating bar from caye to caye. Travel to Tobacco Caye, South Water Caye, Twin Caye, and Bird Caye. Seasonally, stop by the Smithsonian research facility at Carrie Bowe Caye. Learn about the history and culture of the cayes in Belize. The bartender on board will provide a signature cocktail to represent each island. Hang at the bar and enjoy the vibe of each island. Bring cash if you'd like additional drinks from the island bars. Try not to come back to the island crawling, but we can provide wheel barrow service to your room.

**Time:** Half Day

## VILLAGE SHOPPING & SUNSET TOUR

Immerse yourself in the charm of Hopkins, a vibrant village in southern Belize known for its mesmerizing dances, delectable cuisine, and unique crafts. As you explore the local gift shops, be captivated by the rich diversity of ethnic groups, with the Garifuna culture taking center stage. Discover an array of stalls offering traditional drums, authentic clothes, and handcrafted baskets and earrings, each telling a unique story. And remember to indulge in their irresistible homemade ice cream, a local specialty not to be missed! After shopping, set sail back to the island as the Captain and mate present you with a delicious cheese platter accompanied by crispy crackers and chilled sparkling wine, creating a truly indulgent journey. Witness the breathtaking sunset as Belize's culture and nature sweep you away.

**Time:** Half Day

## THATCH TROPICAL ISLAND EXPERIENCE

Travel to Thatch Caye Resort, Royal Belize's sister private island resort, for happy hour at the overwater Starfish Bar. Experience includes the boat ride to and from the resort and a full tour of the resort and its amenities. There is a cash bar with delicious tropical drinks available for purchase.

**Time:** Half Day

## SUNSET CRUISE

Cruise around the island channels during sunset. With music in the background, you'll get to enjoy cocktails and snacks while you watch the sea animals play at golden hour.

**Time:** Sunset

## PRIVATE YACHT CHARTER

Charter the 'Weak Moment' for an amazing day on the Caribbean Sea! Charters are fully loaded with a captain, mate, and fuel, plus towels, sunscreen, food, drinks, and anything else you think you might want! Your day on the water is totally customizable for a perfect day in paradise. You can plan to go fishing, snorkeling, SCUBA diving, or island hopping. Charters are available for up to 10 people.

Want to enjoy the Weak Moment for your entire stay? Charter your private yacht and use it at your leisure. Take the boat out daily during your vacation to go snorkeling, sunset cruise, fishing, island hopping, and more! Enjoy a discounted rate for full use of the yacht during your entire vacation.

**Time:** Half Day, Full Day  
or Three Night Min.

## GARIFUNA ENTERTAINMENT

Music, song, and dance are essential to life in the Garifuna communities of Belize. Their music heavily relies on drums to lead the movement of dancers and the voice of the singers. Travelers have the opportunity to experience Garifuna drumming first-hand and explore the culture through rhythm and beats. While drummers can be found all around the country, they are most prominent in the Garifuna village of Hopkins. Here, visitors can participate in traditional drumming techniques, dancing, and local cuisine.

**Time:** 1.5 Hours

## YOGA CLASS

Release tension, improve agility, elongate muscles, and restore balance with exhilarating and relaxing yoga classes in either the Grand Palapa or feel the ocean breeze on the over water deck. Inquire for rates.

**Time:** 60-90 Minutes



# SCUBA DIVING & SNORKELING

Belize Underwater is a PADI 5-star dive operator. Snorkeling, PADI courses, and Discover SCUBA include equipment. Equipment may be rented for all other divers. Lunch is included.

## **BARRIER REEF SNORKEL**

5 HOURS • SKILL LEVEL: NOVICE

The second largest barrier reef system in the world, the Belize Barrier Reef, is a sight to behold. Snorkel among delicate sea fans, colorful tropical fish, and impressive corals. This excursion includes two separate snorkels with experienced guides who make sure you are comfortable in the water.

## **DISCOVER SCUBA**

FULL DAY • SKILL LEVEL: BEGINNER

While not a SCUBA certification, this program will allow you to safely dive with an instructor to get a taste of what diving is all about. This introductory dive lesson takes approximately two hours with a certified PADI instructor. Once comfortable in the water, you'll explore the reef together, diving to a maximum depth of 40 feet. This is perfect for trying diving before committing to a full certification course.

## **NIGHT SNORKEL/SCUBA TOUR**

3 HOURS • SKILL LEVEL: BEGINNER

Snorkel the second largest barrier reef in the world after dark! Night snorkeling and scuba is a great way to experience a very different marine world on the Belize Southern Barrier Reef. At night, many of marine life that go into hiding during the day come out to play, mate, explore and feed. Some creatures you may get to see are lobsters, octopus, squid, eels, spanish dancer fish, toadfish, frogfish, sea slugs, blue tangs, tarpon, barracuda and many more multi-colored reef fishes. With a dive light, expect to see the marine life at the height of their existence!

## **BARRIER REEF DIVE**

5 HOURS • SKILL LEVEL: NOVICE

A trip to the Belize Barrier Reef is suitable for both novice and experienced divers, with dive sites ranging from 35-65 feet deep. Each drift dive allows you to relax and enjoy the mild current as you dive along multicolored walls and steep ridges teeming with remarkable sea life. This is a short, two-tank day.

## **OPEN WATER REFERRAL - PADI SCUBA CERTIFICATION**

MULTI-DAY • SKILL LEVEL: BEGINNER

Prior to your vacation, complete the knowledge development and pool sessions at your local dive shop. Once you're in Belize, we'll spend two days finishing your open water dives. Leave Belize with your PADI certification and a few completed dives along the largest living barrier reef in the world.

## **TURNEFFE ISLANDS**

FULL DAY • SKILL LEVEL: NOVICE

About an hour and a half away, Turneffe Islands offer a wide variety of slopes and shear wall dives. This is a three tank day. Marine life viewing is greatly impacted by the currents around the islands, bringing schools of large fish. The first dive is "The Elbow" at about 8 feet which sometimes has strong currents.

## **GLOVER'S ATOLL**

FULL DAY • SKILL LEVEL: NOVICE

An hour and a half boat ride gets you to the least explored atoll in Belize named by Jacques Cousteau as one of his favorite dive sites. Wall diving from 40-60 ft offers the chance to see all kinds of rays, turtles and rivers of wrasse swimming along stunning coral structures at this United Nations World Heritage Site. This is a long, three-tank day.

## **BLUE HOLE & LIGHTHOUSE REEF**

FULL DAY • SKILL LEVEL: ADVANCED

Hop on the Belize Underwater boat to Lighthouse Reef for a three-tank dive day. Well known as one of Jacques Cousteau's top dive destinations, Great Blue Hole National Park is a sight to behold for snorkels and divers alike. This is a very deep dive that reaches the limits of recreational SCUBA diving, and is suitable for intermediate and advanced divers with at least 25 logged dives. For safety purposes, all divers must schedule a "check out dive" prior to departure. Snorkeling the Great Blue Hole is an equally exhilarating experience for non-divers, or divers that don't meet the deep dive qualifications. After exploring the Great Blue Hole, you visit two additional sites in the Half Moon Caye National Monument to complete this great adventure.



# WORLD CLASS FISHING

## FLY FISHING

Go fly fishing with Blue Horizon, the only Orvis Endorsed outfitter in Belize. Whether you are new to the sport or a seasoned angler, Blue Horizon's guides will create the experience of a lifetime.

**Half Day Trips:** A half day trip spans 4 hours on the water with a professional fly fishing guide, outfitted flats boats, fishing gear, and a cooler stocked with beverages and snacks. Maximum two people per boat. Taxes and optional gratuity are not included

**Full Day Trips:** A full day trip spans 8 hours on the water with a professional fly fishing guide, outfitted flats boats, fishing gear, and a cooler stocked with beverages, lunch, and snacks. Maximum two people per boat. Taxes and optional gratuity are not included.

## REEF FISHING

Take a relaxing boat ride out to the world's second largest barrier reef to fish in magnificent aqua blue waters! Your captain will take you to his favorite spot for your chance to catch snapper, grouper, mackerel, jacks, barracuda, and more. Bring what you caught back to the island and have the chef prepare it for dinner! Taxes and optional gratuity are not included. Minimum of 2 participants and a maximum of 6 participants for reef fishing trips. Private boat options are available.

**Half Day Trips:** A half day trip spans 4 hours on the water with a professional captain/guide, outfitted fishing boats, fishing gear, and a cooler stocked with beverages and snacks.

**Full Day Trips:** A full day trip spans 8 hours on the water with a professional captain/guide, outfitted fishing boats, fishing gear, and a cooler stocked with beverages, lunch, and snacks.

## DEEP SEA FISHING CHARTER

Charter the Weak Moment for a private day on the water! Our charters are fully loaded with a captain, mate, fuel, gear, bait and tackle, towels, sunscreen, food, drinks, and anything else you think you might want. Choose from a day of hardcore deep sea trolling for pelagic species, a combination of trolling and reef fishing, or throw in some snorkeling and SCUBA diving if that is your desire. All you need to bring is yourself, a hat and sunglasses, your favorite tropical playlist and an adventurous spirit. Charters are available for up to 6 anglers and 4 additional non-anglers.

### Includes:

- Captain and a first mate
- All meals and snacks throughout the trip
- Local alcoholic and non-alcoholic beverages
- Unlimited fishing (and snorkeling as you like)
- Optional SCUBA diving for certified divers
- Fuel, bait, and fishing gear
- Pickup and drop-off





# JUNGLE EXCURSIONS

Jungle excursions are full-day adventures with a 25-minute boat and lengthy land transfer depending on the excursion. Helicopter transfers are available upon request at an additional cost.

## JAGUAR PRESERVE, JUNGLE RIVER TUBING, & MAYA CHOCOLATE TOUR

Cockscomb Basin is renowned for being the world's first and only jaguar preserve with over 128,000 acres of lush tropical rainforest. Its home to all five of Belize's large cats: jaguar, puma, margay, jaguarundi, and ocelot. Explore the jungle trails of this flora and fauna sanctuary with a naturalist tour guide. After your hike, tube or float down the river for a unique, close-up look at the jungle. Next, you'll grab some lunch before heading over to a nearby cacao farm. You'll get a front row seat to the ancient practice of chocolate making. You'll learn everything there is to know about chocolate, including its many healthy properties and how the ancient Maya civilizations used cacao beans as currency.

**Bring:** bug spray, sunscreen, hat, light long pants, swimsuit, towel, dry clothes, camera, binoculars, hiking shoes, souvenir cash

**Time:** Full Day

**Difficulty** Moderate

## ZIPLINE & RIVER TUBE

Experience the thrill of zipping high above the South Stann Creek River and rainforest canopy. Get a bird's eye perspective of the river canyon and surrounding mountains. Panoramic vistas from 11 decks and 7 lines with views that were previously available only to birds in flight. Enjoy a snack and then hit the river in expedition-style tubes as you float below lush vegetation through jungle rapids. Here you could catch a glimpse of exotic tropical birds, including endangered scarlet macaws, iguanas, and other jungle wildlife.

**Bring:** bug spray, towel, long pants, swimsuit, closed-toe shoes, sunscreen, camera, souvenir cash

**Time:** Full Day

**Difficulty** Moderate

## ATM CAVE (ACTUN TUNICHIL MUKNAL)

The ATM Cave is most famous as an ancient archaeological site, containing the skeletal remains of Maya human sacrifices, pottery, and other ancient artifacts. Visitors go bananas over the fully intact skeleton from around 700-900 AD that literally sparkles, thanks to time and science. You'll hike to the location, wade across rushing rivers in waist-deep water, climb wet ladders inside a cave in just your socks, then enter a deep, dark hole in the side of a mountain because a tour guide told you to (and maybe pee yourself a little – but that's okay!). This is one of the more difficult tours offered in Belize, but the effort is well-worth the experience. **Warning:** This is not a cave for young children, those not physically fit, with knee, hip or ankle problems or with problems with claustrophobia and/or heights.

**Bring:** sunscreen, hat, swimsuit or wetsuit, sturdy shoes and socks, dry clothes, towel, souvenir cash

**Time:** Full Day

## RAINFOREST HORSEBACK RIDE & SWIM

Whether you're an accomplished rider or a novice, you'll enjoy this unique riding experience. The horses are well trained and carefully selected to make even the most timid rider look and feel like a professional! The ride will take you through pine ridges covered in magnificent ferns, then through the rainforest and its magnificent Cohune trees. After, the trail takes you to the Sittee River where you can choose to enjoy a cool, refreshing swim or simply relax on the river bank before heading back.

**Bring:** bug spray, closed-toe shoes, light long pants, sunscreen, hat, swimsuit, towel, camera, souvenir cash

**Time:** Half Day

**Difficulty** Easy

## GARIFUNA CULTURAL & CULINARY ADVENTURE

This tour offers an enriching vacation experience that completely immerses you in the culture and traditions of the Garifuna people. Long hailed as “the teachers of Belize”, your Garifuna hosts, dressed in traditional attire, will teach you about the history and tradition of one of Belize’s prominent ethnic groups. You’ll learn about the many magical and beneficial properties of the coconut and the art of traditional coconut harvesting, husking, grating and milk extraction - you’ll be an expert before the day is through! Your labor of love will be repaid many times over when you sit down to partake in a delicious Hudut, a coconut-based soup with fresh herbs and the catch of the day. Your meal will be served with pounded plantains and fried fish. At the end of the day, you’ll learn the basic drumming techniques of the Garifuna parranda and punta rhythms. Let the beat of the Primera and Segunda drums revitalize you and end your night with a sweet treat - a traditional Garifuna dessert.

**Bring:** Camera  
**Time:** Full Day  
**Difficulty:** Easy

## XUNANTUNICH (STONE MAIDEN) & BLUE HOLE CAVE TUBE OR SWIM

Enjoy the orange groves, banana farms, and a view of the Maya Mountains during the scenic drive through the Hummingbird Highway. Once you cross into Western Belize, your journey takes you across the Mopan River on a hand-cranked ferry to reach the ancient site of Xunantunich. The reward for climbing to the top of El Castillo is a spectacular view of both the Cayo District and Petén, Guatemala. After your climb, it’s time for lunch at a local restaurant before heading to St. Herman’s Blue Hole National Park. Here you can choose from an exhilarating cave-tubing experience through the intricate cave system or simply a refreshing dip at the inland Blue Hole.

**Bring:** Bug spray, towel, bathing suit, dry clothes, closed-toe shoes, sunscreen, camera, souvenir cash  
**Time:** Full Day  
**Difficulty:** Moderate

## LIVING MAYA EXPERIENCE & NIM LI PUNIT

The Living Maya Experience offers you an immensely enjoyable visit to a Maya home in Big Falls Village. You will experience a traditional Mayan home, furnished with all natural materials, from Balsa wood benches to beds of tree bark. The Living Maya Experience is a must as the Kek’chi Maya culture is quickly disappearing. You’ll spend time in a Maya home that offers a look back to a time when they depended on the land for everything from food to furniture to medicine. You’ll even get to help cook (and enjoy!) a traditional Maya meal. The traditional meal that will be served is chicken, prepared only with organic seasonings including recado, cilantro, and culantro.

**NIM LI PUNIT:** After lunch, you’ll get a chance to visit Nim Li Punit. Nim Li Punit Maya site is named for a carving found on the longest of the site’s twenty-six stone monuments, or stelae. The longest stela is carved with a figure wearing a large headdress and, at a length of 30 feet, is the longest discovered in Belize and one of the tallest in the Maya world.

**Bring:** Bug repellent, sunscreen, hat, swimsuit, towel, camera, sturdy shoes, souvenir cash  
**Time:** Full Day  
**Difficulty:** Moderate



# ADVENTURE RATES

Consult the front desk for schedule and availability.  
Rates are in USD and do not include taxes or gratuity.

Children 12 and under get 50% off Island Crawl, Sittée River Boat Tour, and snorkel rates. Children 12 and under get 30% off jungle tours. Children must be accompanied by 2 adults.

## ISLAND ACTIVITIES

ISLAND CRAWL	\$110 USD per person
VILLAGE SHOPPING & SUNSET TOUR	\$110 USD per person
THATCH TROPICAL ISLAND	\$50 USD per boat
SUNSET CRUISE	\$150 USD per boat
PRIVATE BOAT CHARTER	\$1,900 USD half day \$2,200 USD full day
PRIVATE BOAT CHARTER EXTENDED	\$1,000 USD per night (3 night min)
GARIFUNA ENTERTAINMENT	\$250 USD

## SCUBA & SNORKEL

BARRIER REEF SNORKEL	\$110 USD per person
DISCOVER SCUBA - 2 TANKS	\$248 USD per person
DISCOVER SCUBA - 3 TANKS	\$347 USD per person
OPEN WATER REFERRAL	\$495 USD per person
BARRIER REEF DIVE	\$143 USD per person
TURNEFFE/GLOVER'S ATOLL DIVE	\$250/\$242 USD per person
TURNEFFE/GLOVER'S ATOLL SNORKEL	\$220/\$182 USD per person
BLUE HOLE DIVE	\$363 USD per person
BLUE HOLE SNORKEL	\$314 USD per person
NIGHT SNORKEL	\$99 USD per person
NIGHT DIVE - 1 TANK	\$132 USD per person

## FISHING

FLY FISHING - HALF DAY	\$525 USD per boat, 1-2 participants
FLY FISHING - FULL DAY	\$600 USD per boat, 1-2 participants
DEEP SEA FISHING CHARTER - FULL DAY	\$2,200 USD per boat, 1-6 participants additional \$50 pp 6-10 participants
REEF FISHING - FULL DAY	\$564 USD per boat, 1-3 participants OR \$160 USD pp if 4-6 participants
REEF FISHING - HALF DAY	\$444 USD per boat if 1-3 participants OR \$130 USD pp if 4-6 participants

## JUNGLE TOURS

Must have a minimum of four persons. Ask about riding to the jungle tours via helicopter.

JAGUAR PRESERVE, JUNGLE RIVER TUBING, & MAYA CHOCOLATE TOUR	\$225 USD per person
ZIP LINE & RIVER TUBING	\$280 USD per person
ATM CAVE	\$365 USD per person
RAINFOREST HORSEBACK RIDE & SWIM	\$235 USD per person
GARIFUNA CULTURAL & CULINARY ADVENTURE	\$280 USD per person
XUNANTUNICH & BLUE CAVE TUBING	\$320 USD per person
XUNANTUNICH & BLUE CAVE SWIM	\$270 USD per person
LIVING MAYA EXPERIENCE & NIM LI PUNIT	\$285 USD per person



# ISLAND UNWIND

## **SWEDISH OR DEEP TISSUE MASSAGE**

Choose a relaxing Swedish or relieving deep tissue massage to complete your stress-free private island experience. Enjoy being pampered in either your private villa or under a palapa on the beach.

**60 minutes: \$165 USD per person**  
**90 minutes: \$215 USD per person**

## **COUPLE'S MASSAGE**

Nothing is more romantic than a couple's massage on a private island. Each person chooses Swedish or Deep Tissue massages. Enjoy being pampered in either your private villa or under a palapa on the beach. Ask us about other romantic add-ons!

**60 minutes: \$330 USD per couple**  
**90 minutes: \$430 USD per couple**

## **PRIVATE DINNER**

Are you celebrating something special with your significant other while on your vacation? Or are you just looking to spend quality time with your loved one away from the group for an evening? Let us set up a romantic private dinner. We will set up a candlelit dinner under the stars complete with a bottle of sparkling wine to make your loved one feel extra special.

**\$150 USD per couple**



# Spa Menu

## **Anti-Stress Swedish Massage**

Long, gliding strokes, rubbing, and kneading techniques designed to improve circulation, soothe your muscle, and relax your body.

**60 Minutes: \$165 USD**

**90 Minutes: \$215 USD**

## **Focus Deep Tissue Massage**

Focuses on relieving tension and knots using forceful deep strokes, working deeper muscle and connective tissue to improve muscle position and release built up toxins. Savor the feeling of every muscle in your body being stretched and smoothed.

**60 Minutes: \$165 USD**

**90 Minutes: \$215 USD**

## **Hot Stone Massage**

This session promotes deeper muscle relaxation through the placement of water heated stones. Stones will be incorporated into your choice of a customized Swedish or Deep Tissue Massage.

**60 Minutes: \$135 USD**

**90 Minutes: \$190 USD**

## **Body Scrub**

Exfoliate your entire body and feel brand new with our own naturally-grown coconut husk.

Relax while it re-hydrates and polishes your body as the therapist massages you with warm honey coco butter. Polish will be removed with warm towels and a full body massage will follow.

**75 Minutes: \$150 USD**

## **Seaweed Body Wrap\***

A thick paste is spread and massaged over the entire body. After, you'll be wrapped in heated towels as you enjoy a scalp massage. Relax as the wrap works its wonders on your body toxins. Warm towels will be used to remove the paste, leaving your skin glowing.

Finish with coco butter moisturizer applied to soften and condition your skin.

**90 Minutes: \$160 USD**

## **Chocolate Body Wrap\***

Begin with an exfoliation with coffee scrub then masque and cocoon with a coat of warm, delicious chocolate applied over your entire body. Blissfully enjoy the aroma of the wrap while getting a scalp massage. Warm towels will be used to remove the chocolate, leaving you with soft and glowing skin. Treatment continues with a full body massage and a glass of red or white wine.

**90 Minutes: \$175 USD**

**\*Schedule ahead of time**